

MCT

Tuesday Night Cross

A series of training races in September & October

Aquila Park

Just off Cedar Lake Trail in
St Louis Park

Category	Registration	Fee	Start	Length	Nightly Prizes
Jr	5:00 – 5:20	\$10	5:30	30 min	Top 3, medals
4*	5:00 – 5:20	\$15	5:30	30 min	20, 15, 10
W 1, 2, 3, 4*	5:00 – 5:45	\$15	6:00	40 min	20, 15, 10
M35+	5:00 – 5:45	\$15	6:00	40 min	20, 15, 10
1, 2, 3	5:00 – 5:45	\$15	6:00	45 min	20, 15, 10

*One day license holders must race as category 4 in the race at 6:00 for Women or 5:30 for Men.
One day license is available at registration for \$10. Annual licenses are also available at registration.

•\$5 for each additional race.

Race dates: Tuesday, Sept 7, 14, 21, 28, October 5, 12, 19, 26

Directions: From 169 & Minnetonka Blvd go east to Xylon Ave S. Follow Xylon south to 32nd St.
Registration: In the parking lot at Xylon & 32nd St.
Licenses: USAC licenses are required. A one day license can be obtained at registration.
Additional Info: Call Kevin at 763-544-3321

Held under USA Cycling event permit
All USAC rules apply